

GRACIE BARRACHINO BRAZILIAN JIU-JITSU

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning Classes						
		Zoom Barra Fit 6:00 - 6:50				
		GB1 All Levels 6:00 – 7:00		GB3 No Gi 6:00 – 7:00		
		Live Training 7:00 – 7:30		Live Training 7:00 – 7:30	Zoom Barra Fit 7:30 - 8:20	
					Little Champs 3yrs – 5yrs 9:10 - 9:50	
					Juniors & Teens 6yrs -13yrs 10:00 - 10:50	
	GB1 All Levels 11:00 – 12:00	GB1 All Levels 11:00 – 12:00	GB1 All Levels 11:00 – 12:00	GB3 No Gi 11:00 – 12:00	GB1 All Levels 11:00 – 12:00	
	Live Training 12:00 – 12:30	Live Training 12:00 – 12:30	Live Training 12:00 – 12:30	Live Training 12:00 – 12:30	Live Training 12:00 – 12:45	
Evening Classes						
Little Champs 3yrs – 5yrs 3:50 - 4:30	Teens 9yrs -13yrs 3:50 - 4:50	Little Champs 3yrs – 5yrs 3:50 - 4:30	Teens 9yrs -13yrs 3:50 - 4:50	Little Champs 3yrs – 5yrs 3:50 - 4:30		
Juniors 6yrs -8yrs 4:30 - 5:30	Juniors 6yrs -8yrs 4:50 - 5:50	Juniors 6yrs -8yrs 4:30 - 5:30	Juniors 6yrs -8yrs 4:50 - 5:50	Juniors 6yrs -8yrs 4:30 - 5:30		
Teens 9yrs -13yrs 5:30 - 6:30	Little Champs 3yrs – 5yrs 5:50 - 6:30	Teens 9yrs -13yrs 5:30 - 6:30	Little Champs 3yrs – 5yrs 5:50 - 6:30	Teens 9yrs -13yrs 5:30 - 6:30		
GB1 Fundamentals 6:30 – 7:30	GB3 Advanced 6:30 – 7:30	GB1 Fundamentals 6:30 – 7:30	GB2 Advanced 6:30-7:30	GB3 Adults No Gi 6:30 – 7:30		
GB3 Adults 6:30 - 7:30	Live Training 7:30 - 8:15	GB2 Advanced 6:30-7:30	Live Training 7:30 - 8:00	Live Training 7:30 – 8:15		
Live Training 7:30 - 8:15	GB1 Fundamentals 7:30 – 8:30	Live Training 7:30 - 8:15	GB1 Slow Roll 8:00-9:00			